

Year 10 Sexuality unit

In this unit students will be expected to draw on prior knowledge of healthy relationships, pubertal changes and reproductive anatomy and continue to develop their understanding of wellbeing/hauora and its interconnectedness. On completion of the unit students will be able to demonstrate knowledge of reproductive anatomy, the personal and interpersonal influences on sexuality, contraceptive methods, STI's and teenage pregnancy, and be able to apply decision making skills to make health enhancing choices in difficult situations, including resisting peer pressure and saying "no".

Students will explore and discuss issues surrounding sexuality and strict classroom boundaries are set prior to the commencement of the unit. Teachers present the material in a factual manner, allowing students to make their own health enhancing conclusions.

Learning activities include:

- Labelling reproductive anatomy and understanding its function,
- Investigating methods of contraception (including abstinence) and presenting this in poster format,
- Investigating the consequences of unsafe sex including sexually transmissible infections and pregnancy and how this impacts on teenagers and those around them.

A variety of teaching resources are utilised including worksheets with anatomical pictures, BBC television documentaries on growth, development and pubertal change, pamphlets from the Family Planning Association and other Health Education sources, booklets aimed at youth health from the Ministry of Health, and the Year 9 & 10 Health Education Workbook.

From these resources the individual classroom teachers tailor the delivery of the unit content to suit their classes learning needs, taking into account values, beliefs, maturity level of the learners and prior knowledge.