

Health education at Tauraroa Area School

Year 10

Term	One		Two		Three		Four	
	Even years	Odd Years	Even years	Odd Years	Even years	Odd Years	Even years	Odd Years
Topic	Wellbeing		Relationships		Sexuality (9wk) (STI, Contraception, Decision making, Terminology)		Drugs	

Year 9

Term	One		Two		Three		Four	
	Even years	Odd Years	Even years	Odd Years	Even years	Odd Years	Even years	Odd Years
Topic	Hauora		Resiliency		Puberty (hygiene)		Food nutrition and Alcohol	

Year 8

Term	One		Two		Three		Four	
	Even years	Odd Years	Even years	Odd Years	Even years	Odd Years	Even years	Odd Years
Topic	Get Wize 2 Health	First Aid	Get Wize 2 Health	Bullying	Next Step (Puberty)	Next Step (Puberty)	Future Selves	Future Selves
	Positive Relationships		Positive Relationships					

Years 7

Term	One		Two		Three		Four	
	Even years	Odd Years	Even years	Odd Years	Even years	Odd Years	Even years	Odd Years
Topic	Sunsmart	First Aid	Self Defence (Girls)	Bullying	Keeping ourselves safe	Change Loss and Grief	Change Loss and Grief	Get Wize 2 Health
	Nutritio		Mana Tane (boys)					

Years 5 & 6

Term	One		Two		Three		Four	
	Even years	Odd Years	Even years	Odd Years	Even years	Odd Years	Even years	Odd Years
Topic	Goal Setting	Goal Setting	Interpersonal Skills	Relationships - Dealing with Conflict/- Change, loss and Grief	Keeping Ourselves Safe	Life Education	Puberty (Year 6 only)	Puberty (Year 6 only)
	Self-Worth	Self-Worth				Infection/disease	Body Awareness	Body Awareness

Years 3 & 4

Term	One		Two		Three		Four	
	Even years	Odd Years	Even years	Odd Years	Even years	Odd Years	Even years	Odd Years
Topic	Goal Setting	Goal Setting	Body Care	Fire Safety	Keeping Ourselves Safe	Life Education	Risk Management	Dental Health
	Rights & responsibilities				5+ a day	Dog Safety	Water Safety	

Years 0 - 2

Term	One		Two		Three		Four	
	Even years	Odd Years	Even years	Odd Years	Even years	Odd Years	Even years	Odd Years
Topic	Goal Setting	Goal Setting	Body Care	Fire Safety	Keeping Ourselves Safe	Life Education	Dental Health	5+ a Day
	Water Safety	Sun Safety						